



SUMMER CAMP

PARENT NEWSLETTER

June 2023



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A NOTE FROM THE CAMP DIRECTOR:

Summer camp at Camp Chief Hector starts in less than a month! The Camp team is so excited for your summer camp session to begin.

There is a lot to look forward to this year at camp: new yurts to sleep in, the return of Sac Dene, and above all else, having fun with friends. Whether you are coming with a friend or seeking out new ones, camp is a place where friendship thrives.

As school comes to an end and you get ready for camp, remember to work in those hiking boots because the mountains are calling!

Trent Diaz

Camp Director, Camp Chief Hector YMCA



Camp Chief Hector YMCA is situated on the Ancestral Lands of the Stoney Nakoda People including the Goodstoney, Chiniki, and Bears paw. YMCA Calgary is also situated on the Ancestral Lands of the Blackfoot Confederacy: Siksika, the North and South Piikani Nations, and the Kainai Tribe, including members of Treaty 7 First Nations, the Tsuut'ina Nation, and the Metis Nation of Alberta, Region III, and all those who make their home in this area.



THANK YOU

FOR REGISTERING FOR OUR 2023 SUMMER PROGRAMS

2023 NEWSLETTER INFORMATION

Each month, we will publish a newsletter similar to this with information to get you and your camper prepared to join us in our summer programs. It will be sent to you and published mid-month on our website. Below is a list of topics included in the upcoming newsletters.

EVERY ISSUE

- Contact Information for CCHY
- Kid's Corner- for the campers!
- Meet the Staff Feature
- Alumni Information

MARCH

"Preparing Emotionally for Camp for both Campers and Parents"

APRIL

"Let's get sorted! Packing Information, Camper Medical Forms, and Transportation Information"

MAY

"Communication: with your camper and with us during summer"

JUNE

"Last Steps: Camper Checklist and Final Reminders"



CAMPER PRE-ARRIVAL CHECKLIST

Check off this list before arriving to camp to ensure your camper's success!



- ✓ Fill out all camper forms on the Campbrain Hub
- ✓ Practice having a sleepover at a friend or family's house
- ✓ Check out the packing list and label your belongings
- ✓ Wear your hiking shoes around to break them in!
- ✓ Talk about how it's okay to miss home and what to do if you are homesick.
- ✓ Look at the pictures, talk about camp and how amazing it will be to.... **GET EXCITED!!**

Still need gear? Check out this amazing store in Calgary that we have partnered with to help you find everything on your packing list!



the **great**  **OUTDOORS**
junior outfitters

**10% Discount for
Campers!**

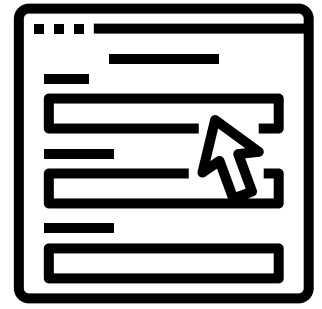
Save 10% on Camp Chief Hector camp list items. Mention Hector10 at checkout. RAIN GEAR HIKING BOOTS RAIN BOOTS WOOL SOCKS HIKING POLES PACKS SLEEPING BAGS SANDALS FLIP FLOPS SUN HATS WARM GLOVES/TOQUES BASE LAYERS and so much in store!

Monday to Saturday 10am to 5pm

403-264-4444

422 Memorial Dr NE Calgary, AB T2E 4Y7

CAMPER FORMS



FORMS HAVE BEEN SENT TO ALL JULY PROGRAMS... AUGUST TO BE SENT SOON!

All of your required forms can be found on your Camper Hub by clicking here: [Campbrain Hub](#)

To login, go to "SIGN IN" and please use the email address associated with your registration.

TIPS & TRICKS

You will need to "reset your password" if it is your first time logging in.

Please ensure the following is done on your account:

Fill Out "Household Information"

** includes address, phone number and personal contact information

Fill Out All Camper Forms including:

Camper Information Form

Transportation Form

Waivers & Agreements

Friend Request Form

Camper Medical Form

Dietary Restrictions and Food Allergies



THESE FORMS ARE ESSENTIAL TO YOUR CAMPER'S SUCCESS AND MUST BE FILLED OUT PRIOR TO THEM ARRIVING AT CAMP.



Directions to Camp Chief Hector YMCA

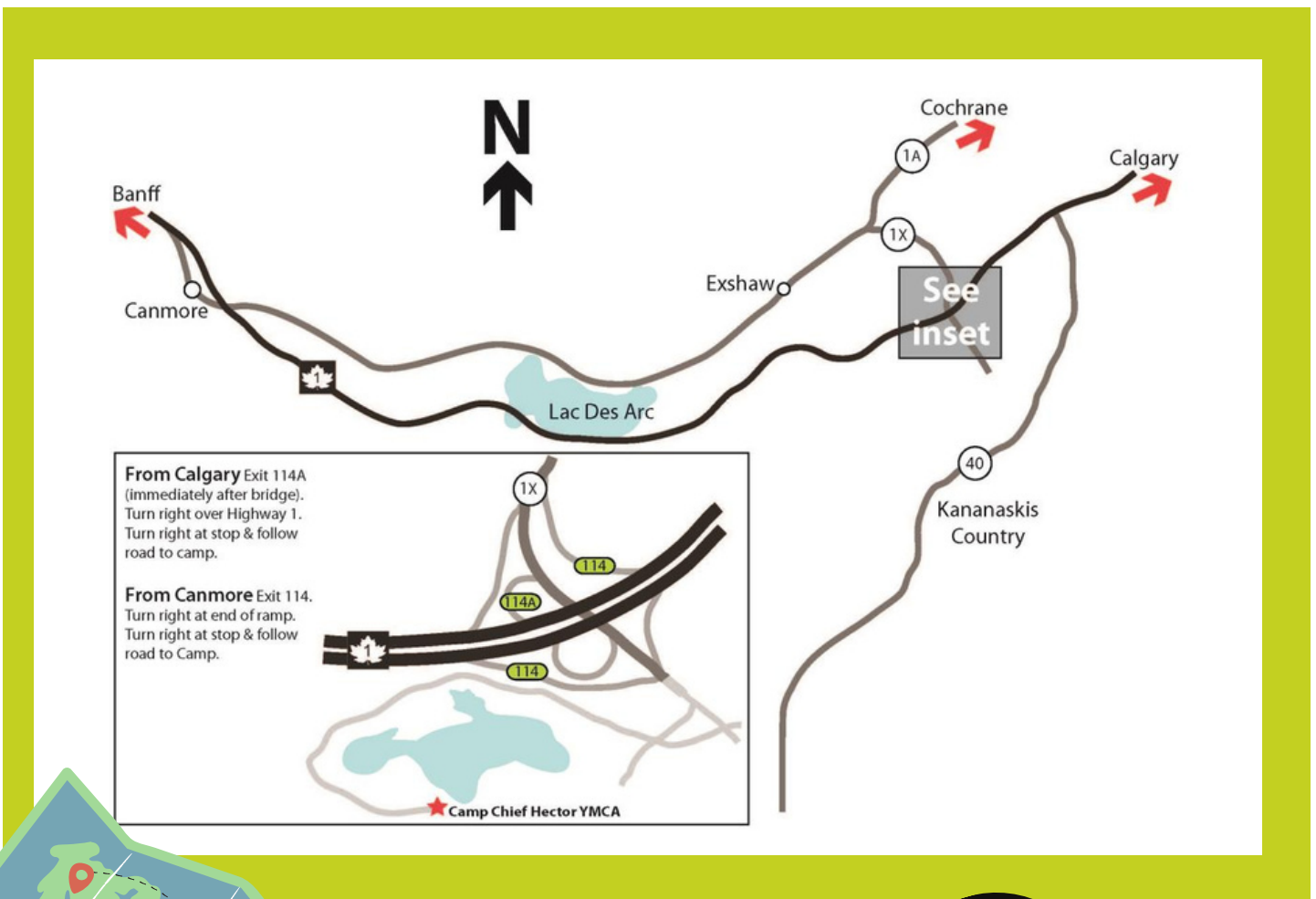
Note: Google maps often, incorrectly, shows Camp at the Exshaw Post Office (where our mail is delivered). Our site is located 8km west of the intersection of Highway 1 and Highway 1X. Following the directions below will ensure your trip to camp is smooth and direct.

From Calgary

Travel west on Highway 1 (Trans-Canada Hwy.) approximately 75 km from Calgary city limits. Exit onto Highway 1X South (Rocky Mountain YMCA exit number 114A). This is a dual exit; 114A is the second one. The road takes you across the highway to a STOP sign at a “T” intersection. Turn right and follow the road to the camp gate. From the camp gate follow **YMCA Road** to Bowfort Lodge and Bowfort parking lot. Hector Lodge and parking is 2km further along the road.

From Canmore

Travel east on Highway 1 (Trans-Canada Hwy.) approximately 25 km from Canmore. Take the Rocky Mountain YMCA exit. The exit is clearly marked with a green highway sign to your right. The road takes you to a STOP sign at a “T” intersection. Turn right and follow the road to the camp gate. From the camp gate follow **YMCA Road** to Bowfort Lodge and Bowfort parking lot. Hector Lodge and parking is 2km further along the road.



Getting your Camper to Camp!



OVERNIGHT CAMPS

BUS FROM CALGARY

Bussing fee is included in your registration and is available from Shane Homes at Rocky Ridge YMCA.

Heading to Camp
(First Day of Session)

Check In Begins at 11:30 am
Busses Leave at 12:30 pm

Returning from Camp
(Last Day of Session)

Bus Arrives in Calgary at 10:30 am

DRIVING YOUR CHILD IN PERSONAL VEHICLE

Heading to Camp
(First Day of Session)

Check In Begins at 2:00 pm, must arrive before 4:00 pm

Returning from Camp
(Last Day of Session)

Pick up begins at 10:00 am, must pick up before 11:30 am



PLEASE NOTE:

All Pioneer CANOE and Leadership Campers will be required to take the bus to camp-- as they need to take a swim test prior to arriving at camp. Information is available on next page.

DAY CAMPS

We do not offer Day Camp bussing from Calgary.

BUS FROM BOW VALLEY AREA TO CAMP

Lawrence Grassi School	8:10 am
Elizabeth Rummel School	8:30 am
Exshaw Legion	8:55 am

FROM CAMP

Lawrence Grassi School	4:55 pm
Elizabeth Rummel School	4:40 pm
Exshaw Legion	4:15 pm



DRIVE IN PERSONAL VEHICLE

Drop Off 8:30 am - 9:00 am

Pick Up 4:00 pm - 4:30 pm



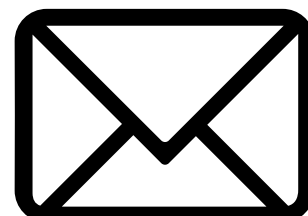
COMMUNICATING WITH YOUR CAMPER

Being away from home can be challenging, for both your camper and for you! We have a way for you to easily send your camper a note while they are at camp.

- ✔ **STEP 1:** Log into your Campbrain Portal where you filled out your forms.
- ✔ **STEP 2:** Fill out the "Letter to Your Camper" Form.
- ✔ **STEP 3:** We print the letter and deliver it directly to your camper!

Please note: you are only able to submit 1 letter to your camper through this form and they need to be submitted prior to the start of the session to ensure it is delivered.

If you need to contact your camper outside of the letter in cases of emergency, illness, or changes to transportation, please email us at cchy@calgary.ymca.ca or call us at 403-673-3858.



MEET THE STAFF



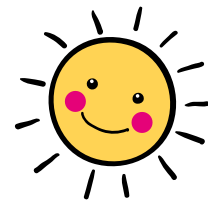
SPRING TEAM 2023

HERE'S SOME PHOTOS TO HELP GET YOUR CAMPER EXCITED FOR CAMP!





KID'S CORNER



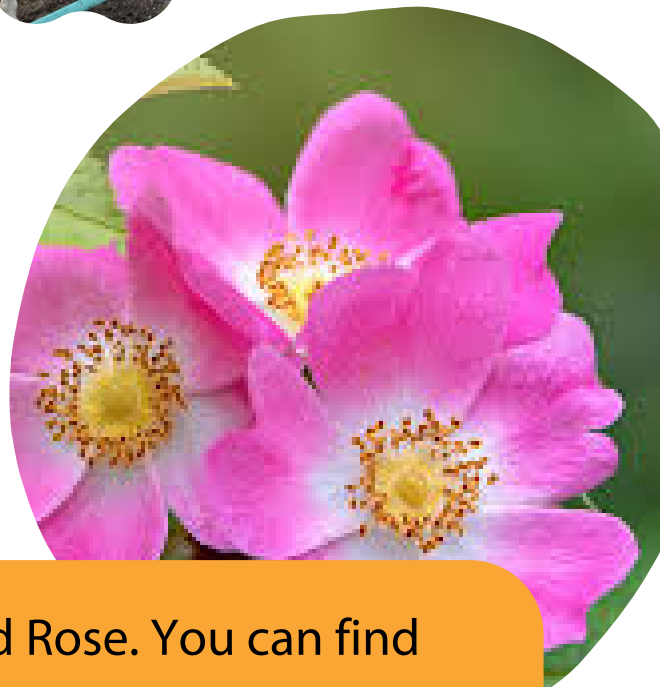
SHARE THIS PAGE WITH YOUR CAMPER TO GET THEM EXCITED FOR CAMP



What has hands and a face,
but can't hold
anything or smile?



What do you call a boomerang
that won't come back?
A stick!



NATURE FACT

Alberta's provincial flower is the Wild Rose. You can find them along our paths in early summer in full bloom! Their branches are covered in sharp thorns-- so be careful! In the cooler months, the flowers wilt away and leave behind little buds called rosehips. These can be used in teas, jams, jellies and even perfumes! Have you seen a Wild Rose yet?

RIDDLE ANSWER: A CLOCK!

In case you missed the riddle, go back to page 8.



Reconnect with Camp

Did you spend your summers hiking through the mountains at camp?

Reconnect with us through our Camp Chief Hector YMCA Alumni Program.

Fill out the survey by clicking the button below and sign up for our newsletter!

Alumni Survey



WE ARE EXCITED TO SEE YOU THIS SUMMER!

LOOKING FOR MORE INFORMATION?



EMAIL US:

cchy@calgary.ymca.ca



**CHECK OUR
WEBSITE:**

[Camp Chief Hector Website](#)